



# Joint Replacement and Spine Surgery Patient Questionnaire

*Please bring this completed questionnaire with you to your preoperative class.*

## Patient History:

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status:  Married  Single  Widowed  Divorced

Occupation/Retired: \_\_\_\_\_

## Social Situation:

Who do you live with:  Alone  Spouse/family  Caregiver ( \_\_\_ hrs/day)  Other \_\_\_\_\_

Single story house, \_\_\_\_\_ steps to enter

Two story house, \_\_\_\_\_ steps to enter. Bed/bathroom located on \_\_\_\_\_ floor.

Apartment on \_\_\_\_\_ floor. Elevator available?  Yes  No

Other: \_\_\_\_\_

## History of Present Illness:

Surgical Procedure: **Spine** Surgery Lumbar Thoracic Cervical

**Knee** replacement Left Right

**Hip** replacement Left Right

Anterior Approach Posterior Approach

**Date and time of surgery:** \_\_\_\_\_ **Surgeon:** \_\_\_\_\_

Do you use an assistive device to walk?  No  Yes List Device(s): \_\_\_\_\_

Are you able to negotiate stairs/curbs?  No  Yes Number Of steps \_\_\_\_\_

List any activity that is limited by or difficult to perform due to joint pain/stiffness:

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**Equipment:** (Please indicate if you own the following equipment)

*Assistive devices:*

- Front wheeled walker       Four wheeled walker (with seat)       Cane  
 Crutches       Wheelchair

*Adaptive equipment:*

- Reacher       Dressing stick       Sock-aide  
 Long handled sponge       Leg lifter       Long handled shoe horn

*Bathroom:*

- Bedside Commode       Tub shower combo       Raised toilet seat  
 Tub only       Stall shower       Tub transfer bench  
 Hand held shower       Shower chairs/stool       Grab bars

**Home Assistance:** Do you currently require any assistance for the following activities?

- Bathing/dressing       Shopping       Cooking  
 Driving       Housekeeping

Who currently provides you with assist at home, if needed? \_\_\_\_\_

Following your surgery, are you able to arrange for family/friends to assist you at home?  Yes  No

What is your intended discharge destination? \_\_\_\_\_

What is your goal for rehabilitation?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Today's Date:** \_\_\_\_\_ **Therapist:** \_\_\_\_\_